




# A New Lifeline for Your Dementia Care Journey



***Here's the part we're especially excited about:***

** You'll gain access to live Group Coaching Sessions.**

We can learn a new technique by watching a video...but we *master* it by practicing with someone who can guide, encourage, and troubleshoot alongside us.

That's why The Fish Approach Academy includes **group coaching sessions**.

Because dementia care isn't theoretical- it's real, emotional, ever-changing life.

Introducing...

## The Fish Approach Academy

Today is a day I've been waiting to share with you- and one I hope brings more ease, confidence, and clarity to your dementia care journey.

A new online learning experience created by Sheri Fairman, owner of Dementia Care Solutions and Current of Care, designed to help family and friend care partners understand dementia in a way that finally *makes sense*.

If you've ever felt overwhelmed, unprepared, exhausted, or unsure how to respond to the changes you're seeing, this Academy was built for you. It translates decades of clinical expertise and real-world caregiving guidance into simple, visual, practical lessons you can use immediately.

### Coaching gives you space to:

- Ask real questions about your specific situations
- Try out the communication strategies you learned
- Understand why certain behaviors are happening
- Get feedback on what to adjust
- Build confidence through repetition
- Feel supported by others walking a similar journey

The more you practice The Fish Approach, the more it becomes a natural part of how you interact—reducing distress for both you *and* the person you care for.

Learning gives you the knowledge.

### **Coaching gives you the skill.**

And together, they create real transformation.

[Learn More](#)

*\*Every seat purchased receives 4 tickets to online group coaching sessions with me! Additional group and 1:1 sessions are available as well.*



### **Inside the Academy, you'll find:**

- Easy-to-follow videos that explain what's happening in the brain
- The signature Fish Approach framework for understanding behavior
- Tools for communication, connection, and reducing distress
- Guidance you can return to again and again — especially on hard days
- Support that helps you care *with* the person, not just *for* them
- Visual lessons and practical steps you can use right away
- **PLUS** the grounding presence of live group coaching sessions.\*

This is more than education.

It's a breath.

A plan. A community.

***A way forward.***

I created this with one goal:

To make the dementia journey ***feel less lonely*** and ***more manageable***— for both the person with dementia and their care partner.

This workshop contains practical steps you can put into action ***today***.

With care,

***Sheri Fairman,***

*Owner of Dementia Care Solutions and Current of Care*

♥ Follow Current of Care on social media for *holiday dementia tips* and to learn more about this new adventure!



Enroll now to get first access to *The Fish Approach Academy* and to save \$75!



The First 75, Save \$75!



Send as a Gift

Give the gift that actually helps: education, coaching, and a little more ease. The Fish Approach Academy is a powerful way to support someone caring for a person living with dementia.

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## Upcoming Events

***Now scheduling for 2026!***

Contact me today to schedule a workshop or community presentation for your church group, social club, or organization. We are also scheduling our 2026 speaking engagements, if your organization or group is looking for a keynote speaker, [reach out to us](#), we travel nationwide!

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# Our Aging and Changing Brains

Wed, Dec 10th, 2025  
@ 1:30-2:30pm

Shawano Place  
1088 Engel Drive  
Shawano, WI 54166

**What is Typical?**

**When to be Concerned?**

If thinking and memory problems arise, can it be something reversible?  
**YES!**

Join us to find out more about the causes of these symptoms, what you can do to improve them, and how to know if it's something more serious.

[Learn More](#)

[RSVP with Shawano Place](#)



# Language of Dementia

Thur, Dec 18th  
@ 1:30-2:30pm

The Cottages at Golden Pond  
103 Madison Way  
Shawano, WI 54166

[Learn More](#)

As caregivers, we often have snags in our conversations with loved ones living with brain changes. Let's come together to unravel these tricky situations and discover effective tools that will help on your caregiving journey. Join us and empower yourself!



# Grief and Ambiguous Loss

Fri, Dec 19th  
@ 10-11am

Touchmark on West Prospect  
2601 Touchmark Dr,  
Appleton, WI 54914

[Learn More](#)

The loss of a loved one shows up in many ways.

Whether it happens suddenly or unfolds slowly over time, grief is deeply personal—and no two people experience it the same.

When a loss comes without closure or clear resolution, the grieving process becomes even more complex.

In this presentation, we'll take a closer look at ambiguous loss—and what it means specifically for care partners supporting someone living with dementia.



## Progression of Dementia

Wed, Jan 14th, 2026  
@ 1:30-2:30pm

Shawano Place  
1088 Engel Drive  
Shawano, WI 54166

Often the progression of dementia is measured in stages that focuses on what skills are lost. This approach does not give us tools to help provide care and support. Instead, we will look at what skills remain and shift our support accordingly by using Teepa Snow's GEMS State Model.

[Learn More](#)

[RSVP with Shawano Place](#)

# Community Events

## Brown County Memory Cafe

Held at the Automobile Gallery

*\*Unless otherwise noted*

400 S Adams St. Green Bay, WI  
54301

No RSVP necessary unless noted,  
we hope to see you there!

**2026 Dates Coming soon!**



*The Memory Cafe provides a fun, comfortable environment where people with memory loss, along with their caregiver can relax, engage, and enjoy the company of others on the same journey. Call Jessie at (920) 851-8340 with questions.*



## SPARK!

***Creative Engagement Programs for People with Memory Loss and their Care Partners.***

Space is limited. Please pre-register with the respective location for each date you plan to attend. See below for contact info.

**2025 Dates: 3rd Mon from 1:30-2:30pm**

- **Dec 15** - Holiday Memories (Neville)

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### Locations and Contact Info:

- **Casa ALBA Melanie** 314 S Madison St, Green Bay (920) 445-0104
- **Mulva Cultural Center** 221 S Broadway, De Pere (920) 309-8200
- **National Railroad Museum** 2285 S Broadway, Ashwaubenon (920) 437-7623
- **Neville Public Museum** 210 Museum Pl, Green Bay (920) 448-4460

SPARK! programs are FREE for families to attend together. SPARK! programs welcome care partners to stay actively engaged in their communities while joining peers to experience art, culture, and nature in a comfortable environment with specially trained staff and volunteers.

## We are here to support you...

Start the change for a more positive dementia care experience today.



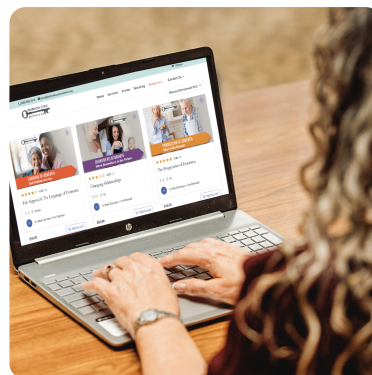
### Consulting

This allows the care partner (*you!*) to learn skills in an encouraging environment without the worry of "doing it wrong". We'll meet you where you are at, in-person, virtually, and even over the phone.



### Coaching

Helps you learn in real-time situations with the person you are caring for. Together we will set goals on what to work on and we will focus on what was done well, and tips on how to reach those goals.



### Self-Paced Online

A great option for those with busy schedules that can carve out time at home/on the road- Our presentations offer tips on how to understand and support someone living with brain change.

Contact Us Today!

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Unsubscribe

