

This two-hour practice session focuses on deeper skill building.



GATHER YOUR GEAR - Let's Dive in Deeper!

Gear Day is a two hour intensive practice session where we focus on continuing to build on skills specific to a variety areas of dementia care. You can select the one(s) you want, pair them with each respective Champion Course, or work on a unique situation to you. Some topics covered include:

» GEAR DAY 1 // **Hardwire the Skills**

Learners will have opportunities to practice to hardwire the skills taught in Course 1, so they feel more confident in skillfully approaching people living with brain change.

» GEAR DAY 2 // **Understand Unmet Needs**

Focus on the skills learned in Course 2, and utilize Teepa Snow's HUH™ approach to care. What is the behavior and what could be a possible unmet need: hunger/thirst, needing to use the toilet, etc? We will brainstorm and practice approaches based on the unmet need assessed.

» GEAR DAY 3 // **Advanced Care Approaches**

Dive into the skills learned in Course 3 to shift how we approach people based on where they are in the disease progression. Let's pick apart the challenging situations you are facing and focus on skill building to support the person living with dementia (anger, agitation, physical aggression, needing to leave, crying, etc.)

» GEAR DAY 4 // **Determine the Progression**

Assess and respond, based on progression with the skills learned in Course 4, to better understand what skills remain. Look at visual field, verbal abilities and comprehension skills, physical skills and pace. By getting this right, it helps us determine how we approach and care.

» GEAR DAY 5 // **Fish Approach**

As Care Partners, our reality (land) is very different than someone living with dementia. Getting into their reality (water) will help to avoid communication snags. Learn how to dive in and respond, de-escalate, and to adjust your pace to match the person living with brain change.

» GEAR DAY 6 // **Lead The Way**

Designed for the leadership team, dedicate the first hour to practicing the approach(es) and then learn how to effectively support your staff with the skills learned.

» GEAR DAY 7 // **Get Engaged**

Explore in-depth ways to get people living with brain change engaged based on what they CAN DO and their respective GEMS™ state.

» **PICK YOUR ADVENTURE**

What particular challenges are going on for YOU right now? Let's put our heads together and problem solve, practice possible solutions and create a plan for success!



**Unlocking the Doors to a Better
Dementia Care Experience.**

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