

This two-hour practice session focuses on deeper skill building.



GATHER YOUR GEAR - Let's Dive in Deeper!

Gear Day is a two hour intensive practice session where we focus on continuing to build on skills specific to a variety areas of dementia care. You can select the one(s) you want, pair them with each respective Champion Course, or work on a unique situation to you. Some topics covered include:

» GEAR DAY 1 // Hardwire the Skills

Learners will have opportunities to practice to hardwire the skills taught in Course 1, so they feel more confident in skillfully approaching people living with brain change.

» GEAR DAY 2 // Practice HUH™

Focus on the skills learned in Course 2, and utilize Teepa Snow's HUH™ approach to care. Practice ways to support people living with dementia to walk, eat, brush their teeth, and more.

» GEAR DAY 3 // Advanced Care Approaches

Dive into the skills learned in Course 3 to shift how we approach people based on where they are in the disease progression. Let's pick apart the challenging situations you are facing and focus on skill building to support the person living with dementia (anger, agitation, physical aggression, needing to leave, crying, etc.)

» GEAR DAY 4 // Determine the Progression

Assess and respond, based on progression with the skills learned in Course 4, to better understand what skills remain. Look at visual field, verbal abilities and comprehension skills, physical skills and pace. By getting this right, it helps us determine how we approach and care.

» GEAR DAY 5 // Fish Approach

As Care Partners, our reality (land) is very different than someone living with dementia. Getting into their reality (water) will help to avoid communication snags. Learn how to dive in and respond, de-escalate, and to adjust your pace to match the person living with brain change.

» GEAR DAY 6 // Lead The Way

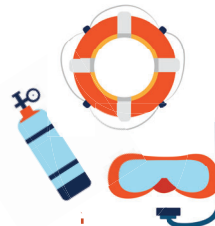
Designed for the leadership team, dedicate the first hour to practicing the approach(es) and then learn how to effectively support your staff with the skills learned.

» GEAR DAY 7 // Round Table Coaching

Let's take what we've learned and put it into action-together. In this team-focused, think-tank style coaching model, we explore challenges, shift approaches to better meet needs, and make thoughtful updates to the care plan. The result? A united team, consistent strategies, and better moments for everyone.

» PICK YOUR ADVENTURE

What particular challenges are you going on for YOU right now? Let's put our heads together and problem solve, practice possible solutions and create a plan for success!



Unlocking the Doors to a Better Dementia Care Experience.



Hi, I'm Sheri -
YOUR DEMENTIA
CARE GUIDE!

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