### FREE 3-PART SERIES

### Dementia Care Series

# SAVE YOUR SEAT REGISTER TODAY!

Free! Weekly series is held at:
Ashwaubenon Community Center
900 Anderson Dr
Green Bay, WI 54304

#### **REGISTER TODAY:**

Contact Rachel at the Ashwaubenon Community Center seniors@ashwaubenon.gov 920-492-2331



#### SHERI FAIRMAN | Facilitator

Owner of Dementia Care Solutions, LLC Certified PAC™ Mentor



Learn more about
Dementia Care Solutions at:
www.dementiacaresolutions.org

### **Normal Vs. Not Normal Aging**

Wednesday, May 3, 2023 from 11am - Noon

What is normal and when should we be concerned? If thinking and memory problems arise, can it be something reversible? YES!

Find out more about the causes of these symptoms, what you can do to improve them, and how to know if it's something more serious.

# The Changing Relationship When Dementia is in the Picture

Wednesday, May 10, 2023 from 11am - Noon

Relationships inevitably change as dementia progresses. This can be devastating and challenging as you roll through the stages of grief.

Let's talk about the changing relationship, what is normal, and what can be better.

# The Language of Dementia & Finding Success

Wednesday, May 17, 2023 from 11am - Noon

As care partners, we can find ourselves in communication snags with our loved one with dementia. Together we will untangle these challenging situations and explore new tools to help in your caregiving journey.

Sponsored by:

