### **IN-PERSON**

#### **Dementia Care Champion Courses**

Learn the Positive Physical Approach™ to improve connections, relationships, and task completion.

Each Course is TWO HOURS. The classes can be taken in any order.





### In this highly interactive session, learners will:

- Receive hands-on skill building for immediate application in daily care or therapeutic practices
- Learn how using visual, verbal, and touch cues can increase productivity and reduce challenging situations
- Learn modifications that can reduce distress, encourage acceptance of assistance, and improve outcomes for both people living with dementia and providers
- See the physical and chemical changes in the brain and learn how it changes a person's abilities to experience the world around them. You will understand the losses, but more importantly, realize what abilities are retained and how you can support the person with dementia
- $\bullet$  Come to understand the value of the relationship with a person living with dementia (PLwD) in relation to the daily tasks



# Learn to do WITH rather than TO with Hand-under-Hand® (HuH):

- Adapt your Positive Physical Approach™ to more situations
- Learn and practice the Hand-under-Hand® guidance and support method
- Gain greater awareness and knowledge about how to support your partner instead of doing things for them or doing things to them, in order for the person living with dementia to maintain their own skills



## This interactive session provides the following:

- A greater awareness and knowledge of the different GEMS® states
- Interaction with GEMS® states to help caregivers, mental health professionals, and therapists understand and focus on retained ability, not loss
- Use of Positive Physical Approach to assess and then adapt to build relationships and achieve positive outcomes
- Promotion of a sense of control and self-direction through matching cues and support for each of the six GEMS® states



### In this highly interactive session, learners will:

- Develop their ability to observe and recognize a person's GEMS® state
- Practice their observational skills to recognize and interact effectively when brain changes occur
- Focus on the Positive Physical Approach™ as a dynamic assessment of an individual's cognitive levels and personal preferences
- Identify the characteristics and what it means to be living in the world with changes in cognitive and physical abilities
- Gain the ability to see every individual as precious, unique, and capable GEMS® that deserve to partner in care

**SCHEDULE YOUR WORKSHOP TODAY! Contact Dementia Care Solutions:** 



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