



## IN-PERSON

# Dementia Care Partner Support Series

For people caring for someone living with dementia

90 Minute Sessions \* Once a Week \* For Five Weeks

### Sessions Include

- Video clips featuring Teepa Snow
- Interactive activities and discussions
- Post-session resources

### Weekly Topics Include

- Understanding and accepting Dementia
- Common brain changes and supportive techniques
- Sensory changes - increasing awareness and understanding impact
- Person-centered problem solving
- Techniques to reduce distress

### Please Know

- Sessions will be facilitated in person.
- This is a series and each session builds upon the previous one. It is best to attend all 5 sessions.
- Attendees are encouraged to share what they have learned about dementia and caregiving.
- All attendees will be asked to keep personal stories they hear confidential.

**WEEKLY SESSIONS**  
**90 MINUTES EACH FOR 5 WEEKS**  
**TOTAL COST - \$75 PER PERSON**

**MONDAYS**  
**9:30AM - 11:00AM**  
**April 3rd - May 1st, 2023**

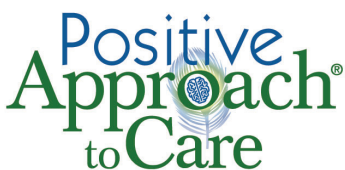
**Ashwaubenon Community Center**  
**900 Anderson Dr**  
**Green Bay, WI 54304**

### REGISTER HERE:

<https://forms.gle/esf2KEwDQNmZHGx29>

Or email, call, or text:

[sheri@dementiacaresolutions.org](mailto:sheri@dementiacaresolutions.org)  
920-883-5076



**SHERI FAIRMAN | Facilitator**  
Owner of Dementia Care Solutions, LLC  
PAC™ Mentor  
Certified Independent PAC™ Trainer and Consultant

