



IN-PERSON

Dementia Care Partner Support Series

For people caring with someone living with dementia

90 Minute Sessions * Once a Week * For Five Weeks

Sessions Include

- Video clips featuring Teepa Snow
- Interactive activities and discussions
- Post-session resources

Weekly Topics Include

- Understanding and accepting Dementia
- Common brain changes and supportive techniques
- Sensory changes - increasing awareness and understanding impact
- Person-centered problem solving
- Techniques to reduce distress

Please Know

- Sessions will be facilitated in person.
- This is a series and each session builds upon the previous one. It is best to attend all 5 sessions.
- Attendees are encouraged to share what they have learned about dementia and caregiving.
- All attendees will be asked to keep personal stories they hear confidential.

WEEKLY SESSIONS
90 MINUTES EACH FOR 5 WEEKS
TOTAL COST - \$75 PER PERSON

To learn more and register
for the next Care Partner
Support Series

Call or text 920-883-5076
sheri@dementiacaresolutions.org

Learn more about Dementia Care Solutions
by visiting our website at
www.dementiacaresolutions.org



SHERI FAIRMAN | Facilitator
Owner of Dementia Care Solutions, LLC
PAC™ Mentor
Certified Independent PAC™ Trainer and Consultant

