

COMMUNITY PRESENTATIONS

For All Care Partners of People Living with Dementia

Contact Dementia Care Solutions to setup a presentation, to learn more, and to discuss opportunities for a series designed around your audience.

Each presentation is approximately one hour.

» **Our Aging Brain: What is Typical and when to be Concerned**

What is typical and when should we be concerned? If thinking and memory problems arise, can it be something reversible? YES! Learn about the causes of these symptoms, what you can do to improve them, and how to know if it's something more serious.

» **The Changing Relationship When Dementia is in the Picture**

Relationships inevitably change as dementia progresses. This can be devastating and challenging as you roll through the stages of grief. The more prepared we are the more we can create a future of thriving and not just surviving.

» **The Language of Dementia & Finding Success: The FISH Approach**

As care partners, we can find ourselves in communication snags with our loved one with dementia. Together we will untangle these challenging situations and explore new tools to help in your caregiving journey.

» **Challenging Conversations with Someone with Brain Changes**

My loved one is making decisions that worry me but when I try to talk to them it goes all wrong. Discussing complex topics with someone experiencing brain changes can prove to be very challenging. Learn some techniques to help smooth these rough patches.

MORE PRESENTATIONS LISTED ON BACK.



Unlocking the door to a better dementia care experience.

SHERI FAIRMAN | Consultant

Owner of Dementia Care Solutions, LLC

PAC™ Mentor Certified Independent PAC™ Trainer and Consultant



COMMUNITY PRESENTATIONS CONTINUED

» **Progression of Dementia: What Skills Remain**

Often the progression of dementia is measured in stages and focuses on what skills are lost. This doesn't give us any tools to help provide care and support. There is a better way to understand the progression of the disease-by looking at what skills remain. With Teepa Snow's GEMS State Model, attendees will gain deeper insight into the experience of the person with brain changes and shift their support accordingly.

» **Grief & Ambiguous Loss**

The loss of a loved one has many faces. Whether it is an unexpected sudden death or a slow progression towards end of life, the grieving process can look different for every individual. When there is a lack of closure or resolution accompanying a loss, it complicates the grieving process. We will explore the experience of ambiguous loss for care partners of people living with dementia.

» **Balancing Risk & Independence in Dementia Care**

When should they stop driving? How do I keep them from leaving home unexpectedly? When do I need to look for a facility? These questions and more are explored as we talk about maintaining independence and evaluating risk in the day to day for people living with dementia.



» **Caring for Yourself Through the Dementia Journey**

Oh the guilt! It can feel impossible to give yourself permission to do something enjoyable while a loved one is experiencing the brain changes related to dementia. How we care for ourselves will impact the person receiving our care. Let's talk about how to navigate this seemingly impossible situation. There is a better way.

» **Transitioning Your Loved One to a Facility**

You've worked hard to care for your loved one for so long. You've made the tough decision to move them to a facility. You may ask yourself, "What is my role now?" What can I expect from the facility? Let's talk about these and any other questions that may come up when we make this life changing transition.