



FREE 5-WEEK SERIES

Care Partner Support Series

For people caring for someone living with dementia

90 Minute Sessions * Once a Week * For Five Weeks

Sessions Include

- Video clips featuring Teepa Snow
- Interactive activities and discussions
- Post-session resources

Weekly Topics Include

- Understanding and accepting Dementia
- Common brain changes and supportive techniques
- Sensory changes - increasing awareness and understanding impact
- Person-centered problem solving
- Techniques to reduce distress

Please Know

- This is a series and each session builds upon the previous one. It is best to attend all 5 sessions.
- Attendees are encouraged to share what they have learned about dementia and caregiving.
- All attendees will be asked to keep personal stories they hear confidential.

WEEKLY SESSIONS
90 MINUTES EACH FOR 5 WEEKS

THURSDAYS

September 7 - October 5, 2023

5:30PM - 7PM

Please plan to arrive 10 min early.



PRIMROSE.

RETIREMENT COMMUNITIES

5715 N Meade St,
Appleton, WI 54913

REGISTER HERE:

<https://bit.ly/Prim92023>

Or email, call, or text:

sheri@dementiacaresolutions.org

920-883-5076

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Dementia Care Solutions, LLC
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