

GEAR DAY

This two-hour practice session focuses on deeper skill building.



GATHER YOUR GEAR - Let's Dive in Deeper!

Gear Day is a two hour intensive practice session where we focus on continuing to build on skills specific to a variety areas of dementia care. Some topics covered include:

» Communication Strategies-

As Care Partners, our reality (land) is very different than someone living with dementia. Getting into their reality (water) will help to avoid communication snags. Address their emotion by reflecting, validating, apologizing and more! Learn how to dive in and respond, de-escalate, and to adjust your pace to match the person living with dementia.

» Understanding Unmet Needs -

What is the behavior and what could a possible unmet need be: hungry, thirst, needing to use the toilet, etc? Brainstorming and practicing approaches based on the unmet need assessed.

» Advanced Care Approaches -

Picking apart the extreme challenging situations and skill building to support the person living with dementia. Anger, agitation, physical aggression, needing to leave, crying, etc.

» Determining the Progression of the Disease -

How can we assess to better understand what skills remain as the disease progresses. Looking at visual field, verbal abilities and comprehension skills, physical skills and pace. Getting this right helps us determine how we approach and care. *This Gear Day will focus on assessing and responding based on progression.*



PICK YOUR ADVENTURE-

What particular challenges are going on for you right now? Let's put our heads together and problem solve, practice possible solutions and create a plan for success!



Unlocking the Doors to a Better
Dementia Care Experience.

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