

FREE 3-PART SERIES

# Dementia Care Series



## OUR AGING BRAIN: *What is Typical?* *When to be Concerned?*

**Wednesday, Oct 2, 2024**  
**From 2-3pm**

What is normal and when should we be concerned? If thinking and memory problems arise, can it be something reversible? YES!

Find out more about the causes of these symptoms, what you can do to improve them, and how to know if it's something more serious.



## PROGRESSION OF DEMENTIA *What Skills Remain?*

**Wednesday, Oct 9, 2024**  
**From 2-3pm**

Often the progression of dementia is measured in stages that focuses on what skills are lost. This approach does not give us tools to help provide care and support. Instead, we will look at what skills remain and shift our support accordingly uses Teepa Snow's GEMS State Model.



## THE LANGUAGE OF DEMENTIA *& Finding Success*

**Wednesday, Oct 16, 2024**  
**From 2-3pm**

As care partners, we can find ourselves in communication snags with our loved one with dementia. Together we will untangle these challenging situations and explore new tools to help in your caregiving journey.

### SAVE YOUR SEAT!

**Free!** 3-Part series is held at:



**Heart of the Valley -  
Aerobics Room**

**225 W Kennedy Ave  
Kimberly, WI 54136**

**Limited Space - Register Today!**

Register online or at the YMCA  
[www.ymcafoxcities.org/full-schedule](http://www.ymcafoxcities.org/full-schedule)  
For questions, contact Sandy 920-830-5726



*Series Presented By:*



**SHERI FAIRMAN | Owner**  
Dementia Care Solutions, LLC  
Certified PAC™ Mentor

**Learn more about Dementia Care Solutions at:**  
[www.dementiacaresolutions.org](http://www.dementiacaresolutions.org)

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