## Making Sense of Memory Loss FREE 3-Part Aging Brain Series

Tuesdays, 1-2pm (Oct. 29, Nov. 19, Dec. 17) at The Courtyard at Oshkosh.



This is the perfect opportunity for older adults, adult children, and care partners to **gain a better understanding** of memory loss and its effects on relationships between themselves and loved ones.

Kindly **RSVP** with Melisa at (920) 969-8020.



Presented by Audrey Linn, Dementia Care Consultant for Dementia Care Solutions Certified Champion Teacher with Teepa Snow's Positive Approach to Care

thecourtyardatoshkosh.com

# Making Sense of Memory Loss

Presented by Audry Linn, Dementia Care Consultant Free Series • Refreshments Served • Tours Available



"I would highly recommend The Courtyard to anyone needing to find a care facility for loved ones; they have been AWESOME."

> ~ Peter Moon ~ His parents are both Courtyard residents.

### Aging Brain: What is Normal and What is Not October 29, 1-2pm

If thinking and memory problems arise, can it be something reversible? YES! Learn about the causes, what you can do to improve, and how to **know if it's something more serious**.

#### Progression of Dementia: **What Skills Remain** November 19, 1-2pm

Learn a new and improved approach to understanding dementia progression through focusing on what skills remain, as opposed to skills lost. Gain insight into what a person with memory loss experiences and **discover how to better support your loved one**.

#### The Language of Love: **Become a Better Communicator** December 17, 1-2pm

As care partners, we may experience communication snags with our loved one with dementia. Together we will untangle these challenging situations and **explore new tools** to help in your caregiving journey.

**RSVP** with Melisa at (920) 969-8020 or mellingson@encorecare.com

# We are **HERE for YOU.**

The Courtyard offers full-time, residential memory care support and a monthly support group for people caring for loved ones with memory loss.

Caregivers' Support Group

2nd Thurs. of each month from 3-4pm



3851 Jackson St. Oshkosh, WI 54901