

COMMUNITY PRESENTATIONS For All Care Partners of People Living with Dementia

Contact Dementia Care Solutions to setup a presentation, to learn more, and to discuss opportunities for a series designed around your audience.

Each presentation is approximately one hour.

» **Our Aging Brain:**

What is Typical?

When to be Concerned?

What is typical and when should we be concerned? If thinking and memory problems arise, can it be something reversible? YES! Learn about the causes of these symptoms, what you can do to improve them, and how to know if it's something more serious.

» **The Changing Relationship**

When Dementia is in the Picture

Relationships inevitably change as dementia progresses. This can be devastating and challenging as you roll through the stages of grief. The more prepared we are the more we can create a future of thriving and not just surviving.

» **The Language of Dementia:**

Finding Success: The FISH Approach

As care partners, we can find ourselves in communication snags with our loved one with dementia. Together we will untangle these challenging situations and explore new tools to help in your caregiving journey.

» **Understanding and Responding**

to the Expression of Unmet Needs

A-B-C- "All Behavior is Communication"

We all express our needs through words or actions. When dementia is in the picture, it can be harder to find the right, or any, words to communicate unmet needs. As care partners, we need to get curious about what people living with brain change are trying to express. What unmet need can we help to meet? In this workshop we discuss the tools we need to better respond to expressions.

More presentations listed on back.



**Unlocking the Doors to a Better
Dementia Care Experience.**

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COMMUNITY PRESENTATIONS CONTINUED

» **Progression of Dementia: What Skills Remain**

Often the progression of dementia is measured in stages and focuses on what skills are lost. This doesn't give us any tools to help provide care and support. There is a better way to understand the progression of the disease-by looking at what skills remain. With Teepa Snow's GEMS State Model, attendees will gain deeper insight into the experience of the person with brain changes and shift their support accordingly.



» **Challenging Conversations with Someone with Brain Changes**

My loved one is making decisions that worry me but when I try to talk to them it goes all wrong. Discussing complex topics with someone experiencing brain changes can prove to be very challenging. Learn some techniques to help smooth these rough patches.

» **Balancing Risk & Independence in Dementia Care**

When should they stop driving? How do I keep them from leaving home unexpectedly? When do I need to look for a facility? These questions and more are explored as we talk about maintaining independence and evaluating risk in the day to day for people living with dementia.

» **Caring for Yourself Through the Dementia Journey**

Oh the guilt! It can feel impossible to give yourself permission to do something enjoyable while a loved one is experiencing the brain changes related to dementia. How we care for ourselves will impact the person receiving our care. Let's talk about how to navigate this seemingly impossible situation. There is a better way.

» **Transitioning Your Loved One to a Facility**

You've worked hard to care for your loved one for so long. You've made the tough decision to move them to a facility. You may ask yourself, "What is my role now?" What can I expect from the facility? Let's talk about these and any other questions that may come up when we make this life changing transition.