

PROFESSIONAL WORKSHOPS

For Care Partners of People Living with Brain Changes

Each course is 2 hours but can be
adjusted as needed.



DEMENTIA CARE CHAMPION COURSES

The Champion Courses are designed to guide care partners in developing an awareness about how brain changes impact people's everyday experiences and how our approach impacts this experience. In this workshop, we will explore the role of the care partner in enhancing the quality of life for people living with dementia. By building skills specifically to meet the needs of the person we are providing cares with, we enhance the experience for staff and the person living with dementia.

★ Champion 1

Explore the parts of the brain, understand what each part is responsible for, and practice the skills needed to successfully approach and provide care.

★ Champion 2

This skill building workshop focuses on Teepa Snow's HUH™ approach to care. How can we support people living with dementia to walk, eat, brush their teeth, and more.

★ Champion 3

Learn about Teepa Snow's GEMS™ State Model paired with skill building opportunities to shift our approach and care specific to the GEM™ State of the person living with dementia.

★ Champion 4

This workshop explores the importance of dynamic assessment and supports learners in identifying the GEM state of the person living with dementia.

CREATING ENGAGEMENT OPPORTUNITIES

For People Living with Dementia

Offering engaging experiences for people living with dementia can be challenging as they each retain different skills. This workshop guides the learners through recognizing what people with dementia CAN STILL do and adjusting experiences to meet these abilities. Learners will walk away with an Adult Art Project Manual they can use to lead their own experiences.



THE FISH APPROACH WORKSHOP

One of our most popular requests!

Pair your Champion Courses with this interactive workshop that focuses on communication strategies that build trust, understanding, and improves relationships between care partners and people living with brain changes. *Let's get in the water!* Explore "communication snags" that get us stuck in the weeds and how to adjust our responses by "getting in the water". Dive in and experience the world through the reality of the person living with dementia.

COACHING *Our Champion workshops are best paired with Coaching services.*

While the workshops are designed to support care partners in changing their own brains, we understand that it takes practice and commitment to change our behavior. Utilizing our Coaching service in conjunction with the workshops, allows a more hands-on approach where staff receive individual and group support. Coaching helps to reiterate the message that these workshops are offered because we, as an organization, ARE positively shifting our care for people living with dementia. **Ask about the coaching tool used to provide accountability for staff to demonstrate their skills.**