

PROFESSIONAL WORKSHOPS

For Care Partners of People Living with Brain Changes

Each course is 2 hours but can be adjusted as needed.

THE FISH APPROACH WORKSHOP *One of our most popular requests!*

This interactive workshop focuses on communication strategies that build trust, understanding, and improves relationships between care partners and people living with brain changes. Let's get in the water! Explore "communication snags" that get us stuck in the weeds and how to adjust our responses by "getting in the water". Dive in and experience the world through the reality of the person living with dementia.

Check out
The Fish Approach™
Academy, our in-depth,
on-demand, virtual
workshop option
available through
www.currentofcare.com

CREATING ENGAGEMENT OPPORTUNITIES

Offering engaging experiences for people living with dementia can be challenging as they each retain different skills. This workshop guides the learners through recognizing what people with dementia CAN STILL do and adjusting experiences to meet these abilities. Learners will walk away with an Adult Art Project Manual they can use to lead their own experiences.

CHAMPION COURSES *Best paired with Coaching services!*

The four 2-hour Champion workshops build upon one another to deepen understanding and strengthen hands-on dementia care skills. Participants begin with brain awareness and foundational approach skills, then progress into practicing Teepa Snow's Hand Under Hand® technique, applying the GEMS® State Model, and using dynamic assessment to accurately identify and respond to a person's retained abilities. Each session layers new learning onto the last, building confidence and practical skill through guided practice and real-time application.

Workshops in this series can be scheduled together or separately, in two-hour blocks.



COACHING *Ask about our coaching tool used to provide accountability for staff to demonstrate their skills.*

On-Site Coaching: Workshops help care partners shift their thinking, but meaningful change takes practice. Pairing these with coaching provides hands-on support where staff receive guidance to strengthen new skills and approaches. Coaching reinforces a shared commitment to improving dementia care and helps create accountability as staff demonstrate their learning.

Round Table Coaching: Put learning into action together. In this collaborative, think-tank style session, teams explore challenges, adjust approaches to better meet needs, and update care plans. The result is a more united team, consistent strategies, and better moments for everyone.

Dementia Care Pathways

Day of Training (6 hours, with breaks)

Knowledge, Skill, & Drill

These intensive trainings blends Champion Courses, Fish Approach, and Gear Days into a progressive learning journey designed to build knowledge, strengthen care partner skills, and to practice skills to support culture change.

Each pathway layers new concepts with practical application, helping participants develop confidence in providing relationship-centered care and incorporates Round Table Coaching, a commitment to Culture Change, and a Coaching Plan. *It is encouraged to follow the flow below, but it is not required.*

Choose Your Path:

- 1. Approach with Confidence:**
Build on physical approach and communication strategies.

Approach with Confidence for Leaders - Guide the Way:

Designed for Leadership, adopt the approach skills above, with an emphasis on how to support staff growth.

- 2. Create Connections:**
Focus on relationships-first and get hands-on support using HuH® skills.
- 3. Shift Care:** Strengthen how to adapt support based on the progression of dementia.
- 4. Aim for Quality:** Explore engagement opportunities with a goal of independence.

For the greatest impact, pair these with on-site coaching on the following day to reinforce learning and support real-time application.

Contact us to learn more.

This two-hour practice session focuses on deeper skill building.



GATHER YOUR GEAR - Let's Dive in Deeper!

Gear Day is a two hour intensive practice session where we focus on continuing to build on skills specific to a variety areas of dementia care. You can select the one(s) you want, pair them with each respective Champion Course, or work on a unique situation to you. Some topics covered include:

» GEAR DAY 1 // Hardwire the Skills

Learners will have opportunities to practice to hardwire the skills taught in Course 1, so they feel more confident in skillfully approaching people living with brain change.

» GEAR DAY 2 // Practice HUH™

Focus on the skills learned in Course 2, and utilize Teepa Snow's HUH™ approach to care. Practice ways to support people living with dementia to walk, eat, brush their teeth, and more.

» GEAR DAY 3 // Advanced Care Approaches

Dive into the skills learned in Course 3 to shift how we approach people based on where they are in the disease progression. Let's pick apart the challenging situations you are facing and focus on skill building to support the person living with dementia (anger, agitation, physical aggression, needing to leave, crying, etc.)

» GEAR DAY 4 // Determine the Progression

Assess and respond, based on progression with the skills learned in Course 4, to better understand what skills remain. Look at visual field, verbal abilities and comprehension skills, physical skills and pace. By getting this right, it helps us determine how we approach and care.

» GEAR DAY 5 // Fish Approach

As Care Partners, our reality (land) is very different than someone living with dementia. Getting into their reality (water) will help to avoid communication snags. Learn how to dive in and respond, de-escalate, and to adjust your pace to match the person living with brain change.

» GEAR DAY 6 // Lead The Way

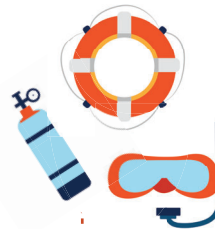
Designed for the leadership team, dedicate the first hour to practicing the approach(es) and then learn how to effectively support your staff with the skills learned.

» GEAR DAY 7 // Round Table Coaching

Let's take what we've learned and put it into action-together. In this team-focused, think-tank style coaching model, we explore challenges, shift approaches to better meet needs, and make thoughtful updates to the care plan. The result? A united team, consistent strategies, and better moments for everyone.

» PICK YOUR ADVENTURE

What particular challenges are you going on for YOU right now? Let's put our heads together and problem solve, practice possible solutions and create a plan for success!



Unlocking the Doors to a Better Dementia Care Experience.



Hi, I'm Sheri -
YOUR DEMENTIA
CARE GUIDE!

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